



# Educare Skills Training

## Educare Skills Training

THE PERSON CENTRED APPROACH



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# Price List

<b>Course</b>	<b>Duration</b>	<b>Cost</b>
Induction	5 days	£303.00
Basic Food Hygiene	3 hours	£26.25
Health and Safety including Fire Safety	3 hours	£26.25
Infection, Prevention and Control	2.5 hours	£26.25
Medication Management	3 hours	£26.25
Mental Capacity	2 hours	£26.25
Moving and Handling (full course)	1 day	£42.50
Moving and Handling (refresher)	3 hours	£26.25
Safeguarding Adults at Risk	3 hours	£26.25
Arthritis Awareness	2 hours	£21.00
Asthma Awareness	2 hours	£21.00
Cardiac Disease Awareness	2 hours	£21.00
Care Planning and Risk Assessment	3 hours	£26.25
Catheter Care	2 hours	£21.00
Challenging Behaviour	2 hours	£21.00
Continence Management	3 hours	£26.25
Dementia Awareness	3 hours	£26.25
Level 2 Award in Dementia Awareness	4 days	£250.00
Diabetes Awareness	2 hours	£21.00
Effective Communication	2.5 hours	£26.25
Effective Leadership	2 hours	£26.25
Effective Supervision	2 hours	£26.25
Epilepsy Awareness	2 hours	£21.00
Equality and Diversity	3 hours	£26.25
Falls Awareness	3 hours	£26.25
Lone Working	2 hours	£21.00
Lone Working and Working with Risk	1 day	£42.50
Loss and Bereavement	3 hours	£26.25
Mental Capacity including DOLS	2.5 hours	£26.25
Motor Neurone Awareness	2 hours	£21.00

MRSA Awareness	2 hours	£21.00
Multiple Sclerosis Awareness	2 hours	£21.00
Nutrition	2 hours	£21.00
PA Induction	1day	£65.00
Patches Training	2 hours	£26.25
Parkinson's Awareness	2 hours	£21.00
Pressure Area Care	3 hours	£26.25
Safeguarding Adults with Learning Disabilities	3 hours	£26.25
Stroke Awareness	2 hours	£21.00
Supporting Individuals at End of Life	3 hours	£26.25
Recording and Reporting	3 hours	£26.25
Warfarin	2 hours	£26.25

Prices quoted are per individual, for group bookings (10 or more)  
please call Suzanna Hough on  
023 92499465 for a discounted rate  
Or email  
[suzanna@educareskillstraining.co.uk](mailto:suzanna@educareskillstraining.co.uk)

Educare Skills Training was founded in 2005

Educare Skills Training was developed to assist Health Care and Support Services to meet the demands of training requirements.

We are a training company that can give you a full range of training courses that are created specifically for the Health and Social Care Sector

We provide a full learning experience including practical activities which are sensitively and respectfully delivered with interest and enjoyment.

Your training needs can be met as we offer a flexible service to make it easier for you and your staff. Our courses are held at our professionally equipped training centre in Havant or we can arrange for our trainers to come to you.

Educare Skills Training has a team of experienced, qualified and friendly trainers and all our courses are very reasonably priced.

We look forward to working with you.



# Induction

Our induction course is based on the skills for care common induction standards. These are:

1. Role of the Health and Social Care Worker
2. Personal Development
3. Communicate effectively
4. Equality and Inclusion
5. Principles for implementing duty of care
6. Principles for safeguarding in health and social care
7. Person Centred support
8. Health and Safety in Adult Social Care Setting

Each learner is given a workbook to complete over the week.

The Aims and Objectives are:

- To gain an awareness of the legislation associated with Care
- To work in accordance with the Skills for Care Common Induction Standards
- To enable care workers to provide high standards of care to meet the changing needs of individuals, with the emphasis on promoting independence, whilst building positive professional working relationships in the work place

Our induction training is run over a week, other courses that are covered include:

- Moving and Handling of people
- Basic Emergency First Aid
- Safeguarding Vulnerable Adults
- Basic Food Hygiene
- Infection Control including Catheter Care
- Medication Management including Eye Drops
- Health and Safety including Fire Safety
- Mental Capacity Act Awareness
- Dementia and Challenging Behaviour

This 5 day course is intended to provide a broad baseline knowledge of the practical skills required to deliver a high standard of personal care to the service user in a safe professional manner. It covers all mandatory training required. The teaching methods are a combination of theory and practical work, which involves active participation of the candidates.

# Basic Food Hygiene

## **Aims and Objectives:**

- To have an awareness of the hygiene risk associated with preparing and handling food
- To identify the 8 main types and sources of bacteria
- To recognise the causes of food poisoning
- To have an understanding of procedures for chilling and freezing food products
- To understand cross contamination and how to avoid
- How to chill and defrost food safely
- To promote safe practice and procedures
- To have an awareness of hygiene risks associated with preparing and handling food

**Course Duration:** 3 hours

**Assessment method:** multiple choice summative assessments

Legislation dictates that food safety training is more essential than ever and we work with you in the understanding and implementation of this.

The training programme has been developed to allow courses to be trained to meet the needs of staff working in the health and social care sector, catering, manufacturing or retail environments.

# Basic Emergency First Aid

## **Aim and objectives are:**

- To determine what is meant by the term “First Aid”
- Knowledge of when and how to make a call to the emergency services
- How to act safely and promptly in an emergency
- How to administer first aid to a casualty who is unconscious
- How to administer CPR
- Promote safe practice and preserve life in accordance with Health and Safety legislation
- How to administer first aid to a casualty who is choking, has suffered a bleed or is in shock
- Recognition of the importance of cross infection

**Course Duration:** 3 hours

**Designed for:** All employees

**Assessment method:** continuous assessment by the trainer in addition to a practical and summative assessment

We have excellent trainers all of whom have a wealth of experience and knowledge within first aid. Having first aid knowledge and experience enables them to relate the training to real life scenarios, making the training interesting and relevant for the attendees.



# Health and Safety

## including Fire Safety

### **Aims and Objectives:**

- Have gained a general understanding of health and safety
- Understanding the legal framework
- Recognising signs and symbols
- Awareness of accidents, causes and impact
- Identify responsibilities of employees and employers in promoting safe practice
- Describe the five steps to risk assessment
- COSHH safety
- Dealing with hazardous waste
- Knowledge of how a fire can start and spread
- Recognise the importance of handling a working smoke alarms or fire detection systems
- Have an understanding of the carers role and responsibilities in the event of a fire occurring
- Identify which extinguisher is appropriate for the different types of fire
- Recognise the importance of pre-planning routes of escape in the event of a fire

**Course duration:** 3 hours

**Assessment methods:** summative assessment

The importance of health and safety training for all staff cannot be underestimated. This training explains legal duties of all staff under the health and safety at work act. This course provides basic knowledge about how to stay safe and healthy at work. This course is both engaging and stimulating to allow the candidate being trained to absorb the information and put into practice. All companies are obliged to ensure that employees receive adequate training in fire safety on a yearly basis.

# Infection, Prevention and Control

## **Aims and Objectives:**

- Recognition of activities in care settings where infection risk could be high
- Assess the importance of hand hygiene in preventing cross infection
- Correct use of PPE
- Promote safe working practices in your working environment
- An awareness of key legislation which relates to infection prevention and control
- An understanding the causes of infection and how they spread
- Knowledge of standard precautions to prevent and control the spread of infection
- An understanding of how to handle, store and dispose of waste

**Course duration:** 2.5 hours

**Assessment method:** Multiple choice questions

The infection control course is aimed at all staff working in the care environment. Candidates will understand the importance of why we need to have infection control measures implemented in the workplace. At the end of this course the candidates will be able to state the obligations and responsibilities that should be performed when dealing with infection control issues. In addition they will be able to demonstrate and explain hand washing techniques along with having an understanding of maintaining a clean environment.



# Medication Management

## **Aims and Objectives**

- Values in reference to medication
- Legislation associated with medication
- Levels of assistance
- Reasons, risks and signs for non adherence
- Classification of medicines
- Types and routes of drugs
- Safe administration of medication
- Groups of medication
- Labelling requirements
- Medication problems
- Role of the pharmacist
- The supply, storage and disposal of medicines
- Record keeping

**Course Duration:** 3 hours

**Assessment Methods:** Summative assessment and group assessment.

This course will give health care workers an opportunity to explore issues surrounding drug and medication administration and raise awareness of common side effects. The topic is put across logically, in bite size pieces, so that candidates understand, learn, reflect and apply best medication practices.

# Mental Capacity

## Awareness

### **Aims and objectives:**

- Provide a basic awareness of Mental Capacity Act 2005
- Determine what is meant by the term “Mental Capacity”
- Identify the key elements and principles of the act
- Introduction and application of the five statutory principles
- Understand the two stage process for assessing capacity
- Explore the best interest and decision making process
- Identify authorities and powers associated with the Mental Capacity Act

**Course Duration:** 2 hours

**Assessment Methods:** Case Studies and Five Principles Group Task

This care training course provides background to the MCA and how those working within the care sector can ensure compliance whilst carrying out their job role, to ensure the best interest of those that they care for who may or may not be able to consent.

# Moving and Handling of People

**This course is available as a full course or refresher.**

**The full course is run 09:30 – 16:30 and the refresher is 3 hours.**

**Aims and objectives of this course are:**

- An understanding of the legislation associated with Moving and Handling
- To relate the principles of moving and handling to the anatomy of the spine
- Explain the role of relevant legislation and guidelines relating to moving and handling practice
- Prevent occurrence of moving and handling related injuries
- Understand the risk assessment process
- Recognise poor and unsafe techniques
- Demonstrate safe and effective moving and handling techniques, promoting safe practice.

**Assessment Method:** 20 multiple choice questions and practical assessment

The one day course covers the practical aspects of moving and handling of people safely. It is essential that all staff are updated annually in moving and handling of people. Carers who move or need to handle people as part of their daily tasks are most at risk group when it comes to back injury.

The refresher course explores the relevance of moving and handling, incorporating the anatomy, 24 hour back care and posture awareness. Candidates are encouraged to problem solve, demonstrate practical techniques and safe use of handling techniques.



# Safeguarding Adults at Risk

## **Aims and objectives:**

- Have an understanding of the extent of abuse
- Identify legislation
- Define abuse
- Identify types of abuse
- Identify possible factors leading to abuse
- Describe possible types and signs of abuse
- Understand how and when to report incidents of suspected or actual abuse
- Understand the importance of record keeping
- Define enablers and barriers to reporting
- To support in the prevention process

**Course Duration:** 3 hours

**Assessment Method:** Group task and written assessment

This course aims to develop an understanding of the different forms of abuse. It explores improving awareness of the signs and symptoms of both abuse and neglect, to aid in its recognition and identify what to do if abuse or neglect is suspected or disclosed.

# Arthritis Awareness

## **Aims and Objectives:**

- Have gained a general understanding of arthritis
- Understand how it can affect individuals
- Have an awareness of how joints work
- Define the different types of arthritis
- Identify treatments available

**Course duration:** 2 hours

**Assessment method:** group tasks and question and answers

# Asthma Awareness

## **Aims and Objectives:**

- What is asthma
- Causes of asthma
- Symptoms of asthma
- To understand the importance of correct use of medication
- Preventative measures
- Treatment of an asthma attack

**Course duration:** 2 hours

**Assessment method:** question and answer and group tasks

All candidates will receive a basic awareness training about asthma and the use of common inhaler devices.

# Cardiac Disease Awareness

## **Aims and Objectives:**

- Introduction to cardiac disease
- History of the heart
- How does your heart work?
- Types of heart conditions
- Angina
- Heart attack
- Signs and symptoms
- Treatment
- After care
- In case of an emergency.....

**Course duration:** 2 hours

**Assessment method:** group task and summative assessment

This course is aimed at candidates who have a role in the delivery and management of care for individuals experiencing and at risk of cardiovascular disease.

# Care Planning and Risk Assessment

## **Aims and Objectives:**

- To provide learners with the opportunities to understand why effective care planning is important and their roles and responsibilities in the use of effective care plans
- To greater awareness of the key principles of risk assessment
- To recognise the importance of a good care plan in supporting service users
- Discuss how to and the importance of involving the service user, their family and other agencies within the care planning process
- Describe why care plans may need to be changed and how to promote changes
- Write up a care plan incorporating core components

**Course Duration:** 3 hours

**Assessment Method:** practical tasks

Care Planning is a key feature in every care setting and is used to facilitate high quality care that meets the needs of the individual. The course explores the stages of care planning and looks at identification of needs, recording outcomes and reviewing progress.

This course intends to raise an awareness of the type of activities in a health and social care setting that constitutes a risk. The course will look at the 5 steps of carrying out risk assessments with an emphasis on how to make this process an integral part of care planning and daily care delivery for everyone.

# Catheter Care

## **Aims and Objectives:**

- Introduction to Catheter Care
- Introduction to anatomy of urinary tract system
- Identify different types of catheters
- Identify different types of catheter bags
- Discuss common problems associated with catheterisation
- Recognise signs and symptoms of infections
- Discuss the prevention of bladder infections
- Understand the importance of correct connection and positioning of catheters and or catheter bags
- Demonstrate safe practices regarding handling of catheters and catheter bags

**Course Duration:** 2 hours

**Assessment method:** written questions and practical assessment

Catheterisation can play an important role in care but it is also the most common cause for a health care acquired infection, if not managed effectively. This 2 hour course looks at how to maximise the benefits and minimise the problems.

# Continence Management

## **Aims and Objectives:**

- To gain an awareness of continence and incontinence
- Identify different types of incontinent and some causes
- Recognise the signs and symptoms
- Demonstrate good practice in responding to client's continence difficulties
- To maximise the individuals potential for independence

**Course Duration:** 2 hours

**Assessment Criteria:** Informal Assessment and group tasks

This course will introduce candidates to the issue of incontinence, its causes and treatments.

# Challenging Behaviour

## **Aims and Objectives:**

- Define the term “Challenging Behaviour”
- Raise awareness of issues associated with challenging behaviour at work
- Identify different types of aggressive behaviour, indicators and triggers
- Consider responsibilities in order to minimise challenging behaviour occurring within your environment
- Examine the adverse effects of challenging behaviour

**Course duration:** 2 hours

**Assessment method:** Summative assessment and case studies

Candidates must demonstrate a willingness to learn along with interaction of group activities. This challenging behaviour training course enables candidates to have an understanding of how to deal effectively with a situation where someone is presenting with challenging behaviour. Candidates will benefit from having knowledge of how to recognise signs and symptoms of challenging behaviour within their working environment identify causes and deal with situations using simple interventions to diffuse difficult and potentially aggressive situations.

# Dementia Awareness

## **Aims and Objectives:**

- Gain a greater understanding of dementia
- Signs to be aware of
- Knowledge of the symptoms for the most common causes of dementia
- How to care for a person with dementia
- Person centred care

**Course duration:** 3 hours

**Assessment methods:** Case studies and group activities

This course provides those working in the care sector with a basic understanding of service users who have dementia. Attendees of this course will gain underpinning knowledge of the condition and therefore will be able to put this into practice

# Level 2 Award in Dementia Awareness

## **Aims and Objectives:**

- Understand what dementia is
- Understand the key features of the theoretical models of dementia
- Know the most common types of dementia and their causes
- Understand factors relating to an individual's experience of dementia
- Understand the approaches that enable individuals with dementia to experience wellbeing
- Understand the role of carers in the care and support of individuals with dementia
- Understand the role of others in the support of individuals with dementia
- Understand the factors that can influence communication and interactions with individuals who have dementia
- Understand how a person centred approach may be used to encourage positive communication with individuals who have dementia
- Understand factors that can affect the interactions with individuals with dementia
- Understand and appreciate the importance of diversity of individuals with dementia
- Understand the importance of person centred approaches in the care and support of individuals with dementia
- Understand ways of working with a range of individuals who have dementia to ensure diverse needs are met

**Course Duration:** 4 days (09:30 – 16:30)

**Assessment Criteria:** Successful completion of session workbooks and assignments

This course is accredited by OCR. This programme will provide the learner with the information that sets the basis for dementia care practice.

On completion of the 4 modules in this level 2 award programme the learners will receive a Level 2 QCF Award.

# Diabetes Awareness

## **Aims and Objectives:**

- Promote a general awareness of diabetes
- Defining diabetes mellitus
- Identify the two types of diabetes
- Signs and symptoms
- Effective management of type 1 and type 2 diabetes
- Identify the states of diabetics comas
- Associated risk factors

**Course duration:** 2 hours

**Assessment method:** summative assessment

This session is delivered in 2 hours and candidates must demonstrate a willingness to learn along with interaction of group activities, the aim of this session is to raise awareness and general understanding of the issues associated with diabetes.

# Epilepsy Awareness

## **Aims and Objectives:**

- Understand what epilepsy is and how epileptic seizures affect the brain and body
- To understand the treatment for epilepsy, especially anti-epileptic drugs
- To understand what to do when someone has a seizure

**Course Duration:** 2 hours

**Assessment Criteria:** Group work and written assessment

This course is aimed at care workers who are involved with individuals who suffer from epilepsy seizures

# Effective Communication

## **Aims and Objectives:**

- Gain an understanding of why we communicate
- What is effective communication
- How to listen effectively
- The importance of body language and facial expressions when communicating
- Why confidentiality is essential in all aspects of care

**Course Duration:** 2.5 hours

**Assessment Criteria:** group tasks and informal assessment

This course provides candidates with awareness and skills which reinforce the importance for effective communication with individuals in order for them to express and gain their choices and preferences.

# Effective Leadership

## **Aims and Objectives:**

- Establish the difference between management and leadership
- Recognise and apply leadership practices
- Examine styles of management and leadership
- Identify individual SWOT's and leadership and learning styles
- What makes an inspirational leader "qualities"
- What is motivation
- Introduction of leadership theories
- Effective communication and supervision
- The feedback sandwich

**Course Duration:** 2 hours

**Assessment Criteria:** informal assessment and summative assessment

This course provides an opportunity for candidates to consider and review their own management practice. It gives an opportunity to look at models of management and how they can be adapted to the specific requirements of individuals.

# Effective Supervision

## **Aims and Objectives:**

- To define and explore the underpinning purpose and principles of supervision
- Raise awareness of regulations and best practice
- Relate theory to practice
- Understand the importance of effective communication and feedback

**Course Duration:** 2 hours

**Assessment Criteria:** informal assessment and group task

Candidates will be instructed in ideas and techniques for more effective and productive supervision within the workplace

# Equality and Diversity within Care

## **Aims and Objectives:**

- Understand what is meant by equality and diversity
- Discuss the relevant legal framework for equality and diversity
- Discuss discrimination and attitudes to difference
- Describe what language issues may occur
- Promote best practice within the organisation

**Course Duration:** 2.5 hours

**Assessment Method:** informal assessment and group work

This course aims to raise awareness of Equality and Diversity and encourage candidates to take proactive approach within the workplace. This course explores how prejudices develop and how they influence people. Candidates gain awareness of discriminatory practice and gain knowledge on how to promote equal opportunities for all and recognise the value of diversity.

# Falls Awareness

## **Aims and Objectives:**

- To develop a working knowledge of the causes of falls
- Risk factors for an individual
- To take action to reduce fall risk factors for individuals
- To improve the reporting and analysis of fall events
- To develop an ethos of fall prevention
- To raise awareness of the causes and prevention of falls in older people]

**Course Duration:** 3 hours

**Assessment Criteria:** completion of course workbook and written assessment

This course is suitable for all staff working with individuals at risk of falls.

# Lone Working

## **Aims and Objectives:**

- Legislation
- Definition of lone working
- Identify hazards
- Identify the key risks
- How to handle an aggressive person or situation
- Preventative measure

**Course Duration:** 2 hours

**Assessment methods:** Case Studies

This session is to raise awareness and build confidence of lone workers within an organization. The personal safety of a lone worker is extremely important as they are at high risk. The lone worker training course will identify what the risks are to their personal safety and what good working practices can be used to keep them safe.

# Lone Working and Working with Risk

## **Aims and Objectives:**

- Legislation
- Define Lone Working
- Identify the hazards associated with lone working
- How to handle an aggressive person/situation
- What measures are in place
- Preventative measures

**Course Duration:** 1 day

**Assessment Criteria:** Group activities and case studies

# Mental Capacity Awareness including DOLS

## **Aims and objectives:**

- Have a basic awareness of the Mental Capacity Act 2005 including DOLS
- Determine what is meant by the term “Mental Capacity”
- Identify the key elements and principles of the act
- Understand the process for assessing capacity
- Explore the best interest & decision making process
- Identify authorities and powers associated with the Mental Capacity Act

**Course Duration:** 2.5 hours

**Assessment Methods:** Case Studies and Five Principles Group Task

This care training course provides background to the MCA including DOLS and how those working within the care sector can ensure compliance whilst carrying out their job role, to ensure the best interest of those that they care for who may or may not be able to consent.

# Motor Neurone Awareness

## **Aims and Objectives:**

- To define the condition “Motor Neurone Disease”
- Identify the different types of Motor Neurone Disease
- Identify the symptoms of Motor Neurone Disease
- Identify the different types of treatment for Motor Neurone Disease
- Raise Awareness of areas of difficulties for the person living with Motor Neurone Disease
- Identify resources

**Course Duration:** 2 hours

**Assessment Method:** written group task

This course enables participants to have an understanding of Motor Neurone Disease, its causes, types and treatments

# MRSA Awareness

## **Aims and Objectives:**

- Gain an understanding of MRSA infection
- Understand who may be at risk
- Recognise symptoms of MRSA infection
- Awareness of causes of MRSA infection
- Identify diagnosis
- Awareness of treatment and prevention
- Screening

**Course Duration:** 2 hours

**Assessment Methods:** Group Work and Summative Assessment

This MRSA course is designed to support all care organisations in reducing health care infections like MRSA. The presentation and discussion workshop is aimed at Care Homes, Domiciliary Care Agencies and is based on up to date information and Department of Health guidance on fighting the health care acquired infection epidemic.

# Multiple Sclerosis Awareness

## **Aims and Objectives:**

- Introduction to Multiple Sclerosis
- Introduction to the nervous system
- How Multiple Sclerosis affects the body
- Symptoms
- Types of Multiple Sclerosis
- Diagnosis of Multiple Sclerosis
- Managing Multiple Sclerosis
- Resources

**Course Duration:** 2 hours

**Assessment Method:** Question and Answers and group tasks

This course will improve candidates understanding of how the condition Multiple Sclerosis may have impact on their interactions with individuals.

# Nutrition

## **Aims and Objectives:**

- Introduction to Nutrition
- The nutrient content of foods
- Definition of a healthy, well balanced diet
- Nutritional needs and dietary preferences
- Catering for older people

**Course Duration:** 2.5 hours

**Assessment Methods:** Summative Assessment

This Nutrition training course is designed to provide staff with an introduction to nutrition. On completion of the course candidates will have an overall understanding of how to enable Service Users within a Health and Social Care setting.

# Personal Assistant Induction

## **Aims and Objectives:**

### To Understand

- Your role as a PA and expectations
- The difference between disabilities
- Principles of learning disability support
- The importance of effective communication
- Confidentiality
- Why you need to keep records
- Health and Safety
- Protecting people from abuse
- Support planning

**Course Duration:** 6 hours

**Assessment Method:** Written Assessment

This course is intended to provide a broad baseline knowledge of the skills required to deliver a high standard of support to the service user in a safe, professional manner.

# Patches Training

## **Aims and Objectives:**

- Introduction to skin patches
- Introduction to glyceryl trinitrates
- How does it work?
- How to use the patches
- Special precautions
- Side effects
- How to apply the patch
- Demonstrate safe practice regarding handling of glyceryl trinitrate patches
- Storage
- Disposal

**Course Duration:** 2 hours

# Parkinson's Awareness

## **Aims and Objectives:**

- Gain an understanding of Parkinson's
- Causes of Parkinson's and links with the brain
- Signs and symptoms of Parkinson's
- Assistance available for sufferers of Parkinson's
- Drug Treatment available
- Common communication difficulties

**Course Duration:** 2 hours

**Assessment Method:** Group task and summative assessment

This course is aimed at Care Workers within the Health and Social Care Sector. The course aims to raise awareness and have a general understanding of the issues associated with Parkinson's. The course will identify symptoms, causes and treatment of Parkinson's.

# Pressure Care

## **Aims and Objectives:**

- Individuals who are at risk from skin breakdown
- Develop an understanding of the anatomy and physiology of the skin
- Have an understanding of pressure ulcers
- Have an awareness of common areas of the body prone to pressure
- Risk assessments for the prevention of skin breakdown

**Course Duration:** 3 hours

**Assessment Methods:** 16 written questions

Pressure Care is an essential skill for carers in every care setting. This course explores the causes of pressure ulcers and the practice skills required to avoid them.

Candidates will benefit from having knowledge of risk factors leading to development, signs of infection and prevention methods.

# Safeguarding People with Disabilities

## **Learning Aims:**

- Recognise the sensitive nature of the subject matter
- Ensure all staff have the opportunity to express their views and share experiences
- Listen and respect differing views of others
- Adopt a non-judgemental attitude
- Respect & maintain confidentiality – discuss any specific concerns with Trainer or Manager

## **Aims and Objectives:**

- Have an understanding of the extent of abuse
- Identify legislation
- Define abuse
- Identify types of abuse
- Identify possible factors leading to abuse
- Describe possible types and signs of abuse
- Understand how and when to report incidents of suspected or actual abuse
- Understand the importance of record keeping
- Define enablers and barriers to reporting
- To support in the prevention process

**Course Duration:** 3 hours

**Assessment Criteria:** informal assessment through completion of a workbook

This course aims to develop an understanding of the different forms of abuse. It explores improving awareness of the signs and symptoms of both abuse and neglect, to aid in its recognition and identify what to do if abuse or neglect is suspected or disclosed.

# Stroke Awareness

## **Aims and Objectives:**

- Gain a basic awareness of Stroke management and rehabilitation
- Determine what is meant by the term “Stroke”
- Identify types of Strokes
- Examine risks factors and causes of a stroke
- Provision of after care and support services

**Course Duration:** 2 hours

**Assessment Methods:** Written Assessment and Groups Tasks

Candidates will benefit from having knowledge of symptoms, treatments and side effects. This course will increase knowledge and understanding of the courses, diagnosis, treatment and aftercare of those who have suffered a stroke.

# Supporting Individuals in End of Life

## **Aim and objectives are:**

- Understand the requirements of legislation and agreed ways of working
- Understand factors affecting end of life care
- Understand advance care planning
- Be able to provide support to individuals and key people
- Understand how to address sensitive issues
- Provide support to manage pain and discomfort
- Understand how to manage own feelings

**Course Duration:** 3 hours

**Designed for:** All employees

**Assessment method:** continuous assessment by the trainer and written assessment

This End of Life course is designed for candidates working within a caring role with individuals who have life-limiting illness. The candidates will be able to apply skills and qualities learnt, with confidence and have an understanding of End of Life Care, incorporating dignity, comfort and empathy.

# Recording and Reporting

## **Aims and Objectives:**

- Understand personal and legal responsibilities to evidence the care provided
- How the documents contribute to the overall care plan
- How outcomes for the service user are identified and how care plans can contribute to achieving these outcomes
- The importance of appropriate language
- The difference between subjective and objective reporting and the risk of making assumptions

**Course duration:** 3 hours

**Assessment method:** completion of a workbook

This course is suitable for any person responsible for completing any records within the Health and Social Care Sector.

# Warfarin Awareness

## **Aims and Objectives:**

- Introduction to oral anticoagulants
- Introduction to Warfarin
- Blood tests
- Side effects of Warfarin
- Interaction with other medication
- Diet
- Interaction with alcohol
- Missed or extra does
- Glossary of terms
- Resources

**Course Duration:** 2 hours

**Assessment method:** completion of group task and practical activities.

This course is suitable for carers who are required to assist with Warfarin medication.



# Educare Skills Training

## Educare Skills Training

THE PERSON CENTRED APPROACH

### **Head Office**

4 Prince George Street  
Havant  
Hampshire  
PO9 1BG

### **Training Centre**

45 West Street  
Havant  
Hampshire  
PO9 1LA

If you would like to book a course or discuss your training needs then  
please call

Suzanna Hough

On

023 92499465

or email

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